

STATE OF NEVADA MILITARY DEPARTMENT  
OFFICE OF THE ADJUTANT GENERAL  
2460 FAIRVIEW DRIVE  
CARSON CITY, NV 89701-6807

NVMD LOG # 05-01

NVMD-PA-Z

5 January 2005

MEMORANDUM FOR All Units and Activities, Nevada Army National Guard

SUBJECT: Unit Responsibility for Scheduling Physicals and HIVs

1. Effective immediately, LOG Letter #96-13, dated 1 November 1996, subject as above, is RESCINDED.
2. Reference AR 40-501 and NGR 40-501, Standards of Medical Fitness dated 12 April 2004.
3. All units are responsible for scheduling medical and dental readiness examinations. HIVs are now accomplished with periodic physical examinations. Units in Northern Nevada will send written requests to the Medical Detachment Operations NCO **at least 90 days prior** to the soldier's exam due date. Units in Southern Nevada will coordinate the scheduling of physical examinations with the Medical Detachment, 2<sup>nd</sup> Platoon, Readiness NCO.
4. This policy provides units maximum flexibility in scheduling and also allows for maximum utilization of medical facilities and personnel.
5. Units will schedule personnel every five years during the anniversary month of their last recorded physical. Over 40 physicals are every five years for traditional soldiers, regardless of the date of the last physical (i.e., if the soldier had a physical a year before his/her 40<sup>th</sup> birthday, the next physical is five years from that date). AGRs must complete an Over 40 periodic physical coinciding with their 40<sup>th</sup> birthday.
6. **NO SHOWS** are unacceptable. If there is a reason an individual cannot report for their physical examination as scheduled, please contact the Medical Detachment not later than 30 days prior to the appointment. At a minimum, let the Medical Detachment know immediately if someone cannot keep their appointment. The time and effort required to prepare for a physical is significant.
7. A soldier not meeting medical requirements may be subject to suspension of favorable actions (flagging).

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8. Point of contact for this policy is Mrs. Laura Ingenluyff at (775) 887-7363.

FOR THE ADJUTANT GENERAL:

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